#### **8 WEEKS BEFORE**

Get organized  Collect important paperwork like bill of lading, moving contract, estimates, inventories, and receipts.
Start sorting Decide what to sell, donate, or recycle.
Research your moving options  Are you going to hire movers or book a moving truck?
Notify your landlord
Inform your employer
Build a budget
Take inventory of your belongings
Start shopping for packing supplies
Begin to pack non-essentials

### **6 WEEKS BEFORE**

Fill out a change of address form  Notify other important parties:  Alumni associations  Banks  Brokerage firms  Human resources department	<ul> <li>Government, including DN and IRS</li> <li>Magazines and newspape</li> <li>Credit card</li> <li>Schools</li> </ul>
Plan a garage sale	
Collect and/or transfer school records	5
Take inventory	
Collect and/or transfer medical record Start researching a new family physicia	
Visit the vet for a checkup and to pick	up your pet's files
Get serious about supplies	
Contact your moving company	
Start using up household items like cl	eaning supplies
Measure your new space	
Start to separate valuables	

- Monthly club or box subscriptions
- Insurance
- Utility companies

4 WEEKS BEFORE		
	Notify utility, cable, and internet providers.  Schedule utilities to turn off the day after you move and to turn on and your new place on moving day.	
	Book a moving truck if you're not hiring movers	
	Investigate what can't be transported on the moving truck	
	Take your car in for a tune up	
	Select an auto transporter if you aren't driving your car to your new home	
	Make travel arrangements  Book flights, hotels, car rentals, or train tickets	
	Start asking your friends and family if they can help you pack and move	
	Continue packing	
3 WEEKS BEFORE		
	Make a meal plan Use up food in your fridge, freezer, and pantry	
	Make plans for pets and plants	
	Transfer home insurance	
	Transfer home insurance  Make work arrangements	

#### 2 WEEKS BEFORE

Empty or transfer the contents of your safe-deposit box
Keep packing
Check in with your kids to see how they're handling the move and reassure them
Reserve the elevator
Start saying your goodbyes
Make a plan for your garbage
If your new home isn't on the collection schedule for awhile, figure out where you can drop off your trash, or schedule a pick up.

1 V	WEEK BEFORE	
	Fill or refill and prescriptions that you couldn't pick up earlier	
	Start to pack up everyday items	
	Confirm your moving arrangements	
	Prepare an essentials box  • A set of sheets  • Medications	
	<ul> <li>Toothbrush, floss, and toothpaste</li> <li>Deodorant</li> <li>One of two changes of clothes, including socks</li> <li>Pyjamas</li> <li>Bandages</li> <li>Moisturizer, chapstick, and other essential toiletries</li> <li>A couple of dishes, some cutlery, and a few pots or pans</li> </ul>	
	Pay monthly bills that will come due during or close to the moving process	
	Disassemble furniture	
	Return borrowed items	
	Clean your house	
A FEW DAYS BEFORE		
	Defrost your freezer	
	Arrange payment for movers	
	Ask a neighbor to check your mail after you've moved	
	Double check your documents and moving binder	
	Protect valuables  Store items you don't want placed on the moving truck in a locked room with a sign on the door.	

#### **MOVING DAY**

	Go to bed early the night before
	Wake up early and double check everything, and prep your house for movers:
	<ul> <li>Put down old rugs, towels, or cardboard on the floor</li> <li>Remove doors from their hinges</li> <li>Hang sheets on the walls</li> <li>Remove or wrap banisters and stair rails</li> <li>Install no-slip treads on the stairs</li> </ul>
	Set up kids and pets in a pre-arranged safe, supervised space
	Verify your moving truck  Confirm that company name, vehicle number, and the USDOT number match those on your estimate.
	Confirm your address with the movers
	Make sure they know where to go and how to contact you
	Add new paperwork to the moving binder
	Show the movers around
	Point out fragile items, the best pathway in and out of your house for larger items, and answer any questions they may have.
	Take one last look around your house
	Say goodbye to your old home
	Drive safely to your new home
	Make your bed
П	Set un vour child's room

### THE DAY(S) AFTER

Unpack the most important rooms Start with bedrooms, bathrooms, and the kitchen
Childproof your new home
Greet your new neighbors
Leave a review of the moving company
Start making memories!